

The best care demands exceptional support

Create prone, side-lying and supine positions that maintain midline alignment, flexion, and containment to promote self-regulation and stress-reduction.

Prone position

In prone position, it is important to provide 360 degrees of boundary to maintain proper positioning on the Philips Prone Plus.



Prone Plus should be sized to support from the top of the head to the navel with the elbows aligned in the indentation. The indentation should be no wider than the infant's nipple-to-nipple distance, and the straight edge should be no lower than the navel.



Hold and slowly rotate infant from sidelying to prone position, with trunk midline and hands toward the mouth for self-soothing. Ensure infant is tucked deep in the Philips SnuggleUp with hips flexed and feet braced at the base of the foot roll. Shoulders should be rounded forward and without wrinkles between the shoulder blades, as if hugging the Prone Plus.



Adjust straps to provide containment and allow for movement to mimic the intrauterine environment.



Position Philips Bendy Bumper around head and trunk (as shown) to provide boundaries and containment while on prone positioner. Based on the size of the infant, choose a Bendy Bumper size that is large enough to create the desired containment.



If the infant arches his head and neck, Philips Frederick T. Frog comforting hands can be positioned (as shown) to provide additional support. **Frederick T. Frog weighs one pound (0.45 kg); do not place full weight on or under infant.** If the infant continues to arch, try repositioning the hips so that they are more fully flexed with the knees tucked up closer to the body.

Supine position

In supine position, utilize boundaries to maintain hip flexion and shoulder rounding in midline position.



Insert the appropriate size Philips Gel-E Donut into its disposable cover, and place in the SnuggleUp. Using hand containment, hold the infant in midline flexion and position the infant's hips deep down in the SnuggleUp with "bum to bottom".



Flex the knees and ankles, lightly bracing the feet against the foot roll. Keep feet, legs and hips aligned. Continue to use hand containment, following the infant's cues.



Adjust straps to provide containment and allow for movement to mimic the intrauterine environment.



Place hands midline to promote hand to mouth movement for self-comforting. Use a Bendy Bumper to provide boundaries and resistance similar to the intrauterine wall. Based on the size of the infant, choose a Bendy Bumper size that is large enough to provide the desired containment.



Frederick T. Frog can also be used to provide midline head support. Two frogs can be stacked to create appropriate boundary height. **Frederick T. Frog weighs one pound (0.45 kg); do not place full weight on or under infant.**

Side-lying position

In side-lying position, use boundaries to support the trunk and head to promote proper spinal flexion.



Place infant in side-lying position maintaining spinal flexion with "bum to bottom", and the back supported by the SnuggleUp wall.



Flex the infant's legs and hips deep into the pocket, bracing the feet against the foot roll, keeping feet, legs and hips aligned.



Adjust straps to provide containment and allow for movement to mimic the intrauterine environment.



Based on the size of the infant, choose a Bendy Bumper size that is large enough to provide the desired containment. Shape Bendy Bumper to support midline position and spinal flexion.



Frederick T. Frog can be used for additional containment. **Frederick T. Frog weighs one pound (0.45 kg); do not place full weight on or under infant.**

Phototherapy

During phototherapy, modify SnuggleUp straps in a way that will allow for maximum light exposure.



Apply Philips WeeSpecs phototherapy mask before repositioning infant in SnuggleUp.



Place the infant in selected position following instructions as depicted above.



Either thinly twist straps or fold away from infant to allow for maximum light exposure.



Once infant is positioned, apply Philips BiliEclipse Phototherapy patch to infant's forehead or sternum for use with the Philips BiliChek transcutaneous bilirubin assessment tool.



Modify positioning aids as needed to allow for maximum light exposure while providing adequate containment and support.

Visit www.philips.com/motherandchild to learn more about Bendy Bumper, SnuggleUp, Frederick T. Frog – and other neonatal products and solutions. Please see the Instructions for Use supplied with each product for complete information.